

Friday is the start of 2021, so it's the perfect time to pause and think about the year we're waving goodbye to, 2020.

The hardest thing about 2020 was...

I feel most proud of...

I really enjoyed, or want to remember...

Spring, Summer, Autumn and Winter all lie ahead in 2021, so why not think about any wishes you might have? In your head, you have a very clever mind, and when we look after our minds they can grow like beautiful gardens. Don't be afraid to dream, and remember, you can do anything you set your mind to.

.....'s **2021 Mind Garden**

I'd like to make or create...

I'd like to learn more about...

I'd like to try...

Baking a cake for a neighbour or friend

Picking up litter in my local area

Calling someone who might be lonely or sad

I will be kind & considerate by...

(Please pick)

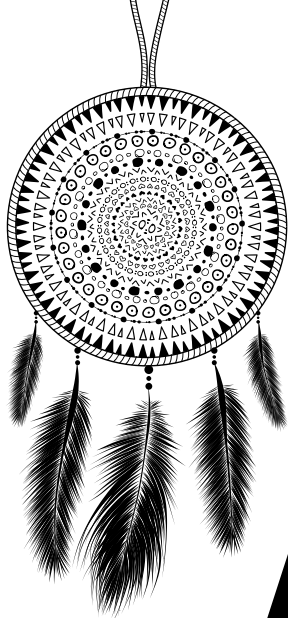
Making a picture for someone

Learning more about looking after our planet

If I'm sad or worried I can talk to, or relax by...

Is somewhere I'd like to visit

If you have more wishes or dreams, you can write them on the back of this sheet



.....'s 2021 wishes and dreams

When I think about 2020 I feel....

Use the stars to
write or draw your
wishes and dreams for
the New Year

